



**Members of the  
Golden Health & Wellness Alliance  
will be at  
Whole Foods Market Colfax!!!**

**Sunday September 13<sup>th</sup>**

**12:00 – 4:00 pm**

**Presenting**

**Jennifer Twilley – Certified Fitness Trainer  
The Fitness Movement**

**Colleen Vaillancourt, DC – Chiropractor  
Golden Cliffs Chiropractic**

**Lilly Allison – Personal Chef  
Bella Cuisine**

**Nancy Gill, DDS - Dentist**